

YOU'RE READING A C&TH Guide to St Lucia

Dasheene in the Ladera Hotel offers one of St Lucia's top dining experiences, not only as far as food is concerned, but also thanks to its location. The upmarket, adult-only, all-trimmings-present boutique hotel ranged along a 1,000ft-high forested ridge offers superb views of the Caribbean Sea framed by the cone shaped twin peaks, the Pitons, St Lucia's trademark landscape. The hotel's imaginative chef focuses on sustainable cooking sourced from locally harvested ingredients and produces Creole dishes with a stylish twist. The menu offers delights such as plantain gratin with coconut rum sauce; sautéed shrimp with island peppers and saltfish patties with coleslaw or micro greens and Creole sauce.

Papa Don's is one of Windjammer Landing's five restaurants. Specialising in rustic Italian fare, this pretty restaurant sits halfway up the hill from the resort's centre. Guests don't have to hoof it up there though, you can arrive in style by way of one of the hotel shuttles. It's best to reserve a table for this restaurant which is only open for dinner. Menu offerings include pumpkin and ginger soup and Champagne shrimp Risotto. As you might expect from the Italian theme, there is also a tasty selection of pizzas and pastas to whet your appetite. Staff are efficient and super-friendly.